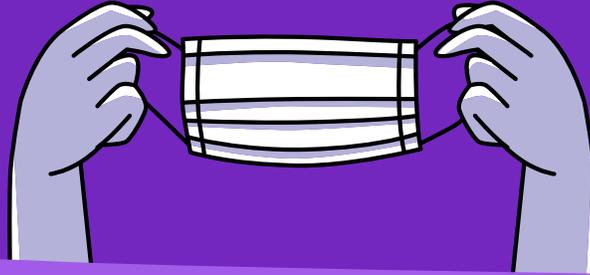


# Instructor Health Pledge



For the sake of myself, my colleagues, teen participants, and the general ASM community, I agree to uphold the After School Matters Pledge. I will:

- Review and enforce the [Teen Pledge](#) and COVID-19 Safety Protocols for ASM with teens in my program
- Remind teens to go through the [ASM COVID-19 symptom checker](#) daily before going to programs and encourage them to stay home if they are not feeling well
- Support the arrival and departure process, including entering/exiting at designated points of entry, and implementing the established staggered program schedules
- Promote adherence to wearing face covering over noses and mouths in ASM buildings, in any program site, during an ASM sponsored field trip and other events, whether vaccinated or not
- Promote social distancing of 6 feet and discourage congregate behavior in programs and during program transitions
- Promote respiratory hygiene, encouraging teens to wash their hands frequently or use hand sanitizer
- Ensure teens are assigned and using their designated supply kit, and where necessary, that safety precautions (e.g., washing the tools, etc.) are implemented when supplies must be shared
- Develop options for teens to complete assignments if they are sick or experiencing COVID-19 symptoms
- Implement the bathroom pass and break protocols established at each program site
- Raise any safety concerns with my Program Specialist as soon as possible
- Adhere to the field trip process
- Create an environment where everyone respects others level of comfort with COVID-19 and promote adherence to the highest level of care for all involved
- Follow the protocol and processes established by ASM, its partners (e.g., CBOs, Park District, CPS) to ensure the highest level of safety for myself, teen participants, and the general community
- Model behavior by going through the [ASM COVID-19 symptom checker](#) daily before going to programs and stay home if I don't feel well or am experiencing COVID-19 symptoms
- Immediately inform my Program Specialist if I am sick and experiencing COVID symptoms, or diagnosed with COVID-19
- Wear a face covering over my nose and mouth in ASM buildings, in any program site, during an ASM-sponsored field trip and other events, whether vaccinated or not
- Cooperate with ASM's Human Resources and Program Quality and Compliance departments if feeling sick or diagnosed with COVID-19 symptoms to ensure, where necessary, quarantine and contact tracing
- Inform my Program Specialist within the same day if a teen reports they have contracted or have been exposed to COVID-19
- Follow the COVID-19 reporting and contact tracing protocol of a program location (e.g., CBO, Park District, CPS)

By choosing to teach an After School Matters' in-person program, I am making an on-going commitment to follow all COVID-19 related guidance and safety precautions required by ASM, its partner locations, and field trip sites.