

# COVID-19 Protocol for Families



## COVID-19 Symptoms

- Fever 100.4 or higher; chills
- Cough
- Shortness of breath
- Difficulty breathing
- Sore throat
- New loss of taste or smell
- New muscle or body aches
- Nausea, vomiting, diarrhea
- Headache
- Runny nose or Congestion
- Fatigue

**1. COVID-19 Close Contact**  
Someone in household has

**2. Teen Is Sick With Any COVID-19 Symptoms**

**3. Household Member is Sick**  
If COVID-19 symptoms...

Teens should email or message instructor via their ASM Google account about COVID-19 exposure. Teens attending programs in an ASM facility (Lutz, Gately, Block 37, Cultural Center, and Ryan Learning Center @ The AIC) complete the [ASM COVID-19 Self-Reporting form](#) or call the ASM Contact Tracing Hotline at 312-768-5198.

Entire household must **Quarantine for 14 days from the last date of exposure.**  
Testing is encouraged between day 3-5 days after the last date of exposure.

COVID-19 positive person must **Isolate** for 10 days from start of the illness (or 10 days from the date of test if no symptoms)

\* Negative testing is not required to return.

Fully vaccinated household members who are not experiencing symptoms do not need to quarantine. It is recommended that they be tested 3-5 days after the last day of exposure.

Call your **teen's** healthcare provider

**Get teen tested for COVID-19**  
Stay home awaiting results. Siblings should stay home until a negative test result or alternative diagnosis is received for the symptomatic teen.

**POSITIVE\*\***

COVID-19 case must **Isolate** for 10 days from start of illness; non fully vaccinated household members must **Quarantine** 14 days (from date of last contact or end of case's isolation)

**NEGATIVE**

**Stay home until illness is over**

- ✓ Symptoms have steadily improved
- ✓ Fever-free for 24hrs without medication
- ✓ No uncontrollable cough
- ✓ No vomiting or diarrhea for 24hrs

Call symptomatic person's healthcare provider

Does healthcare provider say the symptomatic person needs a COVID-19 test?

**YES**

**NO**

**Get sick person tested for COVID-19**

**POS\*\***

Non-fully vaccinated household members must **Quarantine 14 days** (from date of last contact or end of case's isolation); Sick person must **Isolate** for 10 days

**NEG**

Does teen have any symptoms?

**YES**

**NO**

Go to #2: "Teen sick"

**Teen can return to programs!**